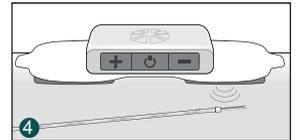
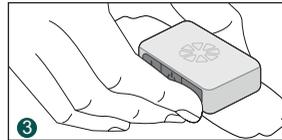
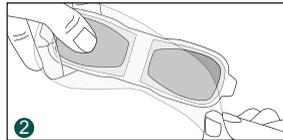
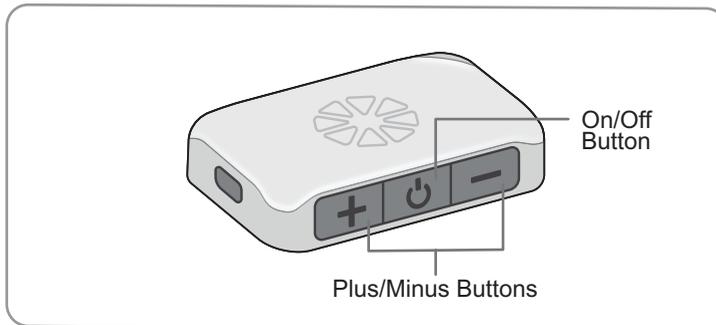


## Gel Electrode/External Electric Field Conductor (E-EFC) Set-Up

1. After the E-EFC is charged, snap the E-EFC onto the Gel Electrode.
2. Remove the electrode liner and store it in the Gel Electrode Carrying Case.
3. Grasp the edges of the E-EFC attached to the Gel Electrode so the gel pads face down.
4. Adhere the end of the Gel Electrode, that has the E-EFC charging port, directly over the receiver end of the lead. **Note:** The center of the gel pad should be above the receiver end of the lead.



## StimRouter E-EFC Operating Instruction



**Turning the System On/Off:** Press and hold for 1 full second. The button turns green and a chime sounds, indicating the E-EFC is on and is in standby mode. Press and hold the button for 3 seconds to turn off the E-EFC. The light will go out and a descending chime will sound.

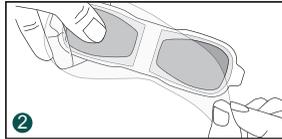
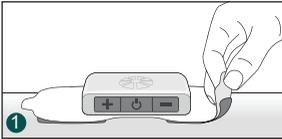
**Turning Stimulation On/Off:** From standby mode, press the power button briefly until it flashes green indicating that stimulation is on. Press the power button briefly to turn the stimulation off.

**Change Stimulation Intensity:** Press the plus **+** or minus **-** button in stimulation or standby mode to change the active stimulation level.

**Silence Mode:** The StimRouter E-EFC will enter silence mode after 20 seconds with no interaction. Pressing any button on the E-EFC while the E-EFC is in silence mode will remove E-EFC from silence mode and will not lead to any action by the E-EFC. Press the desired button after the E-EFC is removed from silence mode to initiate the desired E-EFC function.

## Gel Electrode and E-EFC Removal

1. Turn stimulation off. Grasp the tab on the Gel Electrode and gently pull the electrode away from the skin. **Note:** Do not grasp the gel pads on the back of the electrode.
2. Attach the Gel electrode liner to the gel pads.
3. Store the Gel electrode and E-EFC in the Gel Electrode Carrying Case.
4. Remove the E-EFC from the Gel Electrode when the gel pads appear worn, can no longer adhere to the skin, or after a maximum of four days of use.
5. Make sure the Gel Electrode liner is on. Hold the E-EFC and gently pull the Gel Electrode away from the E-EFC to unsnap it.



## StimRouter Plus Mobile Application (MAPP)

The screenshot shows the MAPP interface with the following components and labels:

- Controls Tab:** The main interface for starting, stopping, and adjusting stimulation. It includes a large green play button for starting/stopping stimulation.
- E-EFC Setup Tab:** Used to connect and disconnect E-EFCs and choose a new one.
- Activity Tab:** Used to track your StimRouter use.
- More Tab:** Provides access to the StimRouter User Guide, system information, and system updates.
- Program Selection:** A dropdown menu labeled 'A Program' allows users to change between stimulation programs saved on the E-EFC.
- Intensity Control:** A slider and buttons labeled 'Intensity: 5' allow users to adjust the stimulation intensity up or down. A 'Save Default' option is also present.
- Remaining Stimulation Time:** A digital display shows '5 MINUTES' and '30 SECONDS'.
- E-EFC Battery Status:** A battery icon in the top right corner indicates the battery level.
- Default Stimulation Intensity:** A label pointing to the intensity slider.
- Change Program:** A label pointing to the program selection dropdown.
- Change Intensity:** A label pointing to the intensity slider and buttons.
- Start/Stop Stimulation:** A label pointing to the large green play button.
- More Tab:** A label pointing to the 'More' icon in the bottom navigation bar.
- Activity Tab:** A label pointing to the 'Activity' icon in the bottom navigation bar.
- E-EFC Setup Tab:** A label pointing to the 'E-EFC Setup' icon in the bottom navigation bar.
- Controls Tab:** A label pointing to the 'Controls' icon in the bottom navigation bar.

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