

The StimRouter System delivers stimulation from an external pulse transmitter, or EPT, through the skin to the implanted StimRouter lead. The EPT is powered by a rechargeable lithium polymer battery. Proper care of the EPT battery will extend the battery life and ensure that the StimRouter system is able to deliver effective stimulation. Please follow the steps below, as well as any other guidance and best practices suggestions from the StimRouter team.

- **Please charge the EPT battery when it is not in use. Charging will ensure that the battery is never completely drained.**
- **Please take 15 minute breaks from stimulation every 4 hours and completely remove the electrode and EPT from the skin. Be sure to charge the EPT during breaks from stimulation.**
- **Before placing the electrode or beginning stimulation, please ensure proper skin preparation steps are followed. Improper skin care can cause the StimRouter System to work harder and drain the EPT battery faster.**
  - Apply water to the skin where the electrode will be placed.
  - Place the electrode on the skin.
  - Wait 2 minutes after placing the electrode on the skin before starting stimulation. The gel pads of the electrode use water to conduct electrical stimulation. Waiting for the gel pads to absorb some of the water on the skin will rehydrate the pads and ensure a better connection is made between the skin and electrode.

- **Please familiarize yourself with battery indicators.**



**Yellow flashing Patient Programmer icon on the Patient Programmer:**

Patient Programmer battery is low – charge as soon as possible.



**Red flashing Patient Programmer icon on the Patient Programmer:**

Patient Programmer battery is nearly depleted – charge immediately or Patient Programmer will turn off soon.



**EPT icon flashes yellow:**

EPT battery is low – charge as soon as possible.



**EPT icon flashes red:**

EPT battery is nearly depleted – charge immediately or EPT will turn off soon.

## **MORE INFORMATION ABOUT STIMROUTER CAN BE FOUND BY:**

- ✧ Contacting your StimRouter representative
- ✧ Visiting [www.StimRouter.com](http://www.StimRouter.com)
- ✧ In the StimRouter User's Guide
- ✧ Visiting the StimRouter YouTube page
- ✧ Calling 800.211.9136

Individual results may vary. Consult with a qualified physician to determine if this product is right for you.

Important Safety Information and Risks: For Indications for Use, Contraindications, Warnings, Adverse Reactions, Precautions and other safety information please refer to [www.stimrouter.com/risks](http://www.stimrouter.com/risks) (also available in the StimRouter User's Guide).