



Meet **Nadege**

A story of one step at a time towards pain relief

I first suffered a stroke in 2012 that affected my right side and then a few years later I had one that affected my left side. Ever since then my left shoulder has been in horrible pain and I suffer headaches and back pain.

I was doing Botox and getting injections every two weeks for the pain, as well as constantly taking pain killers.

One day, my pain management doctor introduced me to StimRouter. He was very kind in explaining the product to me but I was scared initially. I even left his clinic saying “no” to the procedure but then I thought to myself, “take a chance, you have to try it,” so I turned around and went back in the door and said, “please schedule me.”

I had pain in both my shoulders but we decided to try StimRouter for my left shoulder because the pain was really bad. I received my StimRouter implant in August and I was very happy to get it done. At the beginning when I put it on it was strong but then, after the settings were adjusted, it was perfect!

“I can move around and exercise my arm without any problem—I cannot complain. Before the procedure my pain was a 9 or 10 but now my pain has dropped perfectly.”

I still take pain killers but they are for my headaches, back pain and my right shoulder. I have no complaints about my left shoulder. My daughter puts the StimRouter on my arm for me and she said it’s easy—she took pictures when I got home from my initial procedure so she knows exactly how to put it on. When I have it on, my pain is gone and sometimes I feel a small, comfortable vibration. I usually wear it for 4 to 5 hours then I have a break for a few hours and only put it back on if my pain goes above a 2.

Overall, I would recommend StimRouter to anybody with chronic pain. My doctor and I are even discussing it for my other shoulder. You have to be willing to try. If it helped me, it can help someone else.

The Implantable Peripheral Nerve Stimulator Indicated to Treat Pain of Peripheral Nerve Origin

- A one-time, 20 minute, minimally invasive lead implant procedure
- No implanted pulse generator
- Targets pain at its precise origin
- Conditional MRI Safety

This is a patient testimonial and individual results may vary.

Before using the StimRouter System, be certain to read the entire StimRouter Procedure Manual and Clinician Manual. Be certain to understand the following safety information:

Indications for Use: The StimRouter Neuromodulation System is indicated for pain management in adults who have severe intractable chronic pain of peripheral nerve origin, as an adjunct to other modes of therapy (e.g., medications). The StimRouter is not intended to treat pain in the craniofacial region.

Contraindications: The StimRouter Neuromodulation System is contraindicated for patients who have any active implanted device such as an implanted demand cardiac pacemaker or defibrillator, or any metallic implant in the immediate area intended for implant. Maintain a minimum safe separation distance of 15 cm (6 in.) between the StimRouter Electrode with External Pulse Transmitter and all other active implanted devices and metallic implants.

Warnings: Magnetic resonance imaging (MRI), potential adverse events, induced currents, pregnancy, long-term effectiveness of neurostimulation, programming, device components, flammable fuel or chemicals, driving and operating machinery and electromagnetic compatibility.

Precautions: Physician training, post-operative care, implant location, for single patient use only, postural changes, keep out of reach of children, skin abnormalities, skin irritation, known or suspected heart problems, electrode placement and stimulation, expiration date, implant failure, storage and handling.

Adverse Effects: Risks related to the implant procedure, risks related to stimulation, additional risks related to the system.

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